

FORMS & LEADERSHIP PREP FOR TROOP ACTIVITIES

Check Safety Activity Checkpoints for all activities and ensure appropriate girl/adult safety ratio.

ACTIVITY	DESCRIPTION	FORMS AND REQUIREMENTS	LEADERSHIP PREPARATION
New Troop Leader	Requirements for all troop leaders before meeting with girls (including Co-Leaders/Assistant Leaders).	<ul style="list-style-type: none"> » Complete volunteer application and background check » Register as a Girl Scout member 	<ul style="list-style-type: none"> » Getting Started for New Leaders » NOTE: complete Troop Money Management before opening a Troop Bank Account)
Troop/Group Meeting	Weekly, bimonthly or monthly meeting at regular location.	<ul style="list-style-type: none"> » Girl Permission/Health History Form » Troop/group is registered with approved leadership » First Aid Kit 	<ul style="list-style-type: none"> » Getting Started for New Leaders
Field Trips	A local outing planned during regular meeting time or similar time frame.	Same as Troop Meeting PLUS: <ul style="list-style-type: none"> » Specific Event Permission (if > 4 hrs) » Emergency Packet for each vehicle 	Same as Troop Meeting PLUS: <ul style="list-style-type: none"> » First Aid/CPR for First Aider
Sleep Over	An overnight event at an indoor facility (home, church, etc.) Not more than two nights or more than 250 miles one way, or out of state.	Same as Field Trip PLUS: <ul style="list-style-type: none"> » Troop Trip Application (3 weeks prior) 	Same as Field Trips
Travel	An extended trip of more than two nights or more than 250 miles one way including out of state or international travel.	Same as Sleep Over PLUS: <ul style="list-style-type: none"> » Council Approval » Additional insurance » International – submit GSUSA Intent to Travel form 3 months prior 	Same as Field Trips PLUS: <ul style="list-style-type: none"> » Planning U.S. Travel » Planning Global Travel (international destinations)
Outdoor Day Trip	An outing that lasts a half or full day in the outdoors Cold meals/ snacks – no outdoor cooking.	Same as Field Trips	All previous training PLUS: <ul style="list-style-type: none"> » Troop Camp Certification Level 1
Sleep Out	An overnight spent in an outdoor setting (cabin, lodge or secured backyard) Activities do not include outdoor cooking or fire building. Not more than two nights.	Same as Sleep Over	Same as Outdoor Day Trip
Outdoor Cooking	Preparing and cooking meals using a campfire or other outdoor cooking.	Same as Field Trips	Same as Outdoor Day Trip PLUS: <ul style="list-style-type: none"> » Troop Camp Certification Level 2
Campout	A camping trip with outdoor cooking and/or campfire. Sleeping in tents or cabins.	Same as Sleep Over PLUS: <ul style="list-style-type: none"> » Additional insurance (if > 2 nights) 	Same as Outdoor Cooking
High Adventure	A trip or activity involving high adventure activities (i.e. backpacking, rafting, rock climbing, etc.)	Same as Field Trips PLUS: <ul style="list-style-type: none"> » Specific Event Permission Slip » Council approval of high risk activities if necessary 	All previous training including: <ul style="list-style-type: none"> » Troop Camp Certification Level 2, if outdoor activity » Specialized training where necessary (i.e. backpacking, Wilderness First Aid, Archery instructor, etc.)