

Water Games

Pass the Water

What you will need:

Two buckets, one full of water and one empty

An empty plastic cup

An outdoor space where girls can sit and get wet.

First divide your troop into teams and have them sit in a line, facing forward. At the front of the line have a bucket full of water and an empty plastic cup. The first player fills the cup and passes it backward over their head to the next player. Continue passing the cup backward overhead from player to player until the cup reaches the final player. The final player will dump the contents left in the cup into the empty bucket that is behind them and send the empty cup back to the front to start over again. The team that has the most water in the bucket at the end of the line by the end of the game wins! Don't forget to set a timer so that the players have to go quickly but be sure to remind them to try not to spill too much water.

Drip, Drip, Drop

What you will need:

A cup full of water

Water to refill cup for each round

An outdoor space where girls can sit and get wet

This game is a water version of duck, duck, goose. Have the girls sit down in a circle while one player stands with a large cup of water. They will dip their fingers into the water and place a drip on everybody's head saying "drip" instead of "duck". When they decide who "goose" / "drop" is, they dump the cup of water on that person's head. The chase begins and then it starts all over again!

Water Relay

What you will need:

Four buckets or for older girls four large cups

Two extra-large sponges or for older girls you could use serving spoons or tablespoons.

Water

An outdoor space that is large enough for a relay

Split girls into two teams. Each team will need one full bucket/cup full of water, one empty bucket/cup and one sponge/spoon. Place the buckets/cups a few yards apart so each team has a "lane". The first player on each team will dip their sponge or fill their spoon with water and race it to the empty bucket/cup. Next, they will empty the contents of the sponge/spoon into the empty bucket/cup and then race back to the original "full" bucket/cup. When they reach the starting point, they will pass off the sponge/spoon to the next player who will repeat the same process. Once all girls have had a turn, the team who has the most water in the previously empty bucket wins!

Water Cup Race

What you will need:

Water

One plastic cup per girl / player

A large outdoor space

Divide the girls into two even teams and have players stand side by side in a line. The person at the end of the line has a full cup of water, everyone else will need an empty cup. Start the clock and have the players carefully dump their cup of water into the empty cup of the player beside them. Continue down the line until the player at the end has the water. Once both teams have made it to the end of the line, the team with the most water in the last player's cup wins.

Limbo H2O style

What you will need:

A hose turned on with as much water as you like. (full blast is fun!)

Music (optional)

For this limbo girls will see how low they can go without getting wet! Using the stream of water coming out of the hose as your limbo stick, find out who can limbo the lowest without getting wet. Once a player feels a splash of water, they are out until the next round!

Water Pinata

What you will need:

Varying sized of water balloons filled with water.

A tree branch, clothesline, or swing set to hang the balloons from

A blindfold

A long stick or whiffle ball bat

After filling the balloons with water, hang them in a high spot that is hard to reach (suggestions are a tree branch, clothesline, or swing set. Making sure everyone is a safe distance away, blindfold the first player and let them swing away. Give every girl a turn to strike the "pinata".

Sprinkler Twister

What you will need:

A plastic Twister mat

A sprinkler

Play twister with the same rules as you would regularly, but with the added challenge of a wet surface will be sure to bring lots of slips and slides with smiles.

Water Bottle Flip

What you will need:

A partially filled water bottle

Want a game with water that doesn't leave your girls soaked? Then this is your game! Every player will need a partially filled water bottle that they will flip into the air and attempt to have it land right side up. The bottle must flip at least one full rotation. Set a timer and see how many flips each player successfully lands. The player with the most successful lands is crowned as the winner!