

East Valley Spring Break Camp

Workshop Descriptions

Monday, March 16, 2026

- **You've got a Friend:** Play games and activities with new friends! Create friendship bracelets to keep and trade and practice the skills to be a great buddy.
- **Code and Create:** Test your imagination, play with OZOBOTS, and design a robot part.
- **You can be a First Responder:** Learn how to call 911 to treat minor bumps and scrapes or help someone who is choking with guidance from a paramedic.
- **Welcome to the Wilderness:** Jump into adventure to discover new skills, make friends, and spark a love for the wild that lasts a lifetime.
- **Games Galore (K-3rd grade):** Play, laugh and create new games for a fun and entertaining workshop.
- **Authentically U (4-6th grade):** Celebrate what makes you special as you challenge yourself with activities to create a vision of your future.

Tuesday, March 17, 2026

- **Animal Observer:** Turtles, lizards and, snakes! Learn about desert animal with Phoenix Herpetological.
- **Be a Detective:** Practice observation, problem-solving, and clue-finding skills to learn what it takes to be a real detective. Through hands-on activities and teamwork, uncover mysteries, analyze evidence, and build confidence.
- **Home Scientist Discovery Lab:** Science is all around you! Discover and experiment with everyday objects and dive into new creations.
- **Hoop Dance:** Hoop dancing is a powerful form of cultural storytelling originating in New Mexico among the Taos Pueblo. Through each circle, dancers carry forward tradition, identity, and the spirit of their ancestors. In this workshop, girls will see hoop dancing firsthand and participate in an

interactive demonstration.

- **Games Galore (4-6th grade):** Play, laugh and create new games for a fun and entertaining workshop.
- **Daisies in the Sun (K-3rd grade):** From pretty decorations to pollinator havens, learn all about flowers in this workshop and create a special project to take home!
- **Flower Power (4-6th grade):** Discover the many uses of flowers in our day-to-day life.
- **Crafts From Around the World (k-3rd grade):** Honor our sisterhood as we celebrate culture through hands on crafts.

Wednesday March 18, 2026

- **Playing the Past:** Play old fashioned games, make a craft, try on different clothing styles, and learn how to make your own butter.
- **Cosmic Creations (K-3rd grade):** Build a constellation, learn the parts of a star, and share the magic of the stars with your friends.
- **Out of this World (4-6th grade):** Have you ever wondered what's beyond our atmosphere? Discover the cool things that make up our solar system as we talk about what's outside of our world.



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- **Live to Dance:** Learn basic dance steps to a song taught by Suzie Q dance company by Xotchil Hutzil.
- **Outdoor Art:** Put your creative spirit into action as you bring the outdoors inside! Paint rocks, make a suncatcher and explore nature sights and sounds.
- **Music and Ukelele (4-6th grade):** Learn proper ukulele handling and beginner chords, to play “Somewhere Over the Rainbow”, and traditional Girl Scout campfire songs.
- **Ukelele and Sing Along (K-3rd grade):** Learn how to hold and strum a ukulele and sing-along to classic Girl Scout campfire songs.
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Thursday, March 19, 2026

- **Pet Care Party (K-3rd grade):** Bring your favorite stuffed animal for an introduction to animal care and interactive animal themed games and activities!
- **Auto Adventures:** Construct a model car and experiment with design choices, and discover how ornaments affect movement and performance.
- **Take Aim on Friendship:** Try your hand at a variety of target sports, while also building focus on skills needed to grow positive friendships. Participants will also have an opportunity to design and create their own target game to take home.
- **Make and Take Art (4-6th grade):** Explore new crafting techniques! Design beautiful cards or art pieces while learning how to watercolor and heat emboss stamped images. Take them home to decorate your room or gift to friends and family!
- **Drum for Fun and Bring Your Own Beat:** Add your unique beat, learn about drumming techniques, and make a percussion item to take home.
- **Unlimited Kindness:** Use your creativity and kindness to make crafts that help others. Practice the Girl Scout Law to make someone’s day brighter.

Friday, March 20, 2026

- **Keiki Aloha Workshop:** Learn about life in Hawaii – make a lei, learn how to hula dance and pronounce Hawaiian words.
- **Juliette’s Tea Party:** Juliette, or “Daisy” as she was nicknamed, was known for her sense of adventure, creativity, and love for fun, including standing on her head to prove she still could! Celebrate Girl Scouts and its founder, Juliette Gordon Low. Eat Girl Scout Cookies and make crafts as we honor her legacy.
- **Bloom and Groove:** Craft a traditional flower hair clip and wear it as we learn the joyful steps of baile folklórico, a celebration of culture, color, and creativity.
- **Yoga and Self Care:** A guided yoga and meditation class for kids, followed by mindful self-care activity craft.
- **Candy Sushi (4-6th grade):** Explore your creativity using Rice Krispies, gummies, Fruit Roll-Ups, and more to craft delicious sushi-inspired treats. Perfect for all ages — no cooking is required, just imagination and fun!