

GSACPC Council's Own Native American Heritage Month Patch

November is Native American Heritage Month. It is a time to honor and celebrate the cultures, histories, and contributions of Indigenous communities.

This month, we are focusing on the many Native American tribes in Arizona who have helped shape our state.

We invite you to learn about the traditions, stories, art, and languages of Arizona's tribal communities. Have fun exploring these cultures through hands-on activities while earning our Council's Own Native American Heritage Month patch.



Number of activities required to get the patch:

Daisy (1) • Brownie (1) • Junior (2) • Cadette (2) • Senior (3) • Ambassador (3)

Focus: Arizona's 22 Federally Recognized Tribes

Explore Native Lands

- Find out which Native land your home is on by using the website Native-Land.ca | [Our home on native land](#). Share what you discover with your troop or family.
- Visit a national or tribal park located on Native land in Arizona.
 - » Examples: Walnut Canyon National Monument, Montezuma Castle National Monument, Navajo National Monument, Casa Grande Ruins National Monument, Tuzigoot National Monument, Canyon de Chelly National Monument
- Participate in the Junior Ranger Program at national parks within the Navajo Nation. (Navajo National Monument, Canyon de Chelly National Monument)
- Visit Kit Peak and research its cultural significance to the Tohono O'odham people.

Museums and Historical Sites

Explore Arizona's rich tribal history and culture by visiting a Native American museum in person or virtually. Here are a few great options to consider:

- Heard Museum (Phoenix)
- Visit the Away From Home: American Indian Boarding School Stories exhibit
- S'edav Va'aki Museum (formerly Pueblo Grande Museum, Phoenix)

- » “Explore the S’edav Va’aki Museum’s online exhibits” - <https://www.phoenix.gov/administration/departments/sedav-vaaki/exhibits/online-exhibits.html>
- » <https://statemuseum.arizona.edu/education/virtual-tours-lesson-plans>
- » Virtual Tours and Lesson Plans (K-12) | Arizona State Museum: www.azmnh.org/virtual-museum
- » Virtual Museum | Arizona Museum of Natural History: www.azmnh.org/virtual-museum
- Arizona Museum of Natural History (Mesa)
- Hubble Trading Post (Navajo Nation)
- Navajo Interactive Museum (Tuba City)
- Apache Culture Center and Museum (White Mountain)
- Yoemem Tekia Cultural Center & Museum (Tucson)
- Navajo Code Talkers Museum (Tuba City)
- Shade House Museum (Kayenta)
- Hopi Cultural Center (Second Mesa)
- Huhugam Ki Museum (Salt River Pima-Maricopa Indian Community)
- Navajo Nation Museum and Library (Window Rock)
- Tohono O’odham Nation Culture Center and Museum (Topowa)

Cultural Learning and Language

- Learn how to say “hello” in two Native languages spoken in Arizona, such as Navajo (Diné) or O’odham. Use resources like YouTube videos made by community members or books from your local library to help you.
- Translate “Girl Scout” into a Native language from Arizona.
- Learn about the meaning and symbolism of different tribal flags from Arizona and share with your troop or family.
- Watch Star Wars or Finding Nemo in the Diné (Navajo) language.
- Write a poem inspired by Native communities in Arizona, using imagery from the desert, canyons, and traditions.
- Learn about three medicinal plants (such as yucca, cedar, or creosote) used by Arizona tribes and how they are used in healing.

Food, Art and Traditional Knowledge

- Research Native American chefs from Arizona and learn how they incorporate traditional foods like frybread, roasted corn, or cactus into modern cuisine.
- Learn a recipe that uses traditional Indigenous ingredients.
 - » Resources: The Modern Navajo Kitchen book by Alana Yazzie (aka the Fancy Navajo), Food for Thought videos by Native Health www.nativehealthphoenix.org/food-for-thought/
- Participate in a hands-on cultural art workshop facilitated by an Indigenous artist.
- Take part in or observe a social dance from a local tribe.

- Visit a Native-owned business or restaurant and ask about their story or mission. If you visit a restaurant, talk about what you ate and share your experience with your troop.
- Businesses to consider:
 - » Native Art Market (Scottsdale/Phoenix)
 - » Cahokia PHX (Phoenix)
 - » OXDX Storefront (Tempe)
 - » Nizhoni Soaps (Mesa)
 - » The Frybread House (Phoenix)
 - » Hope's Frybread (Phoenix)
 - » Coyote Kitchen & Gift Shop (Tucson)
 - » Amigo Café (Kayenta)
 - » Window Rock Flea Market (Navajo Nation)
 - » Shush Diné (Phoenix)
 - » The Frybread Lounge (Scottsdale)

Books, Podcasts and Media

- Read a book by an Indigenous author. Suggestions:
 - » Daisy/Brownie/Junior:
 - » Fry Bread
 - » We Are Water Protectors
 - » Baby's First Laugh
 - » Cadette/Senior/Ambassador
 - » Never Whistle at Night
 - » Project 562
 - » Books from Salina Bookshelf
 - » Listen to a Native-led podcast. Suggestions for Seniors and Ambassadors:
 - » Native America Calling
 - » All My Relations
 - » Native Talk Arizona
 - » Young & Indigenous
 - » Land Back for the People
- Watch a show or film based on Native life or stories:
 - » Daisy/Brownie/Junior
 - » Molly of Denali
 - » Cadette/Senior/Ambassador
 - » Rez Ball
 - » Basketball or Nothing
 - » Dark Winds

- » Reservation Dogs
- » North of North
- » Gather (Documentary)
- » Acting Good

..... **Community Engagement**

- Attend a Native American Heritage Month/Day event or community celebration.
- Attend a local powwow or cultural festival.
- Volunteer with a Native-led nonprofit organization. Examples:
 - » Inter-Tribal Council of Arizona (ITCA)
 - » Native Health (Phoenix)
 - » Phoenix Indian Center
 - » Partnership with Native Americans
 - » Native American Connections
- Invite a cultural speaker or representative from an Arizona tribe to speak to your troop about their history, culture, and traditions.
- Ask a respectful question to Tribal Royalty from Arizona (such as Miss Navajo Nation or Miss Salt River). What is “Tribal royalty”? They are young leaders chosen to represent their Native American tribe.

..... **Research and Presentations**

- Research the 22 federally recognized tribes in Arizona and present your findings to your troop. Include facts about traditions, land, history, and contributions.
- Learn about four Native American leaders from Arizona (activists, scientists, doctors, artists, etc.) and share their stories with your troop or family.
- Find three or more inventions created by Native Americans from Arizona tribes. Draw them and label each with the item’s name, the inventor (if known), and the tribe. Example: Hohokam Irrigation Canals
- Using a map of Arizona, identify and color the areas where the 22 federally recognized tribes are located.
- Visit or research Judge Diane Humetewa, a Hopi woman and the first Native American federal judge in Arizona, and write a report about her contributions.