

# Asian American Native Hawaiian Pacific Islander (AANHPI) Heritage Month



In the late 1970s, Representatives Frank Horton and Norman Y. Mineta introduced a resolution to proclaim the first 10 days of May as Asian-Pacific Heritage Week and in 1990 George H. W. Bush signed a bill passed by Congress to extend Asian-American Week to a month. May was chosen to commemorate significant milestones such as the first arrival of Japanese immigrants to the United States of America and the completion of the transcontinental railroad, largely built by Chinese laborers. AANHPI Heritage Month is an annual celebration of achievements and contributions of the Asian American, Native Hawaiian, and Pacific Islander communities—a time (though not the only time!) for emphasizing the central role of this varied community throughout U.S. history.



Our Council's AANHPI Heritage Month patch is designed to help you discover more about AANHPI culture and the achievements and contributions of the AANHPI communities specific to Arizona, connect with community resources, and take action to educate others.

## Activities

**Daisies and Brownies:** Complete 1 activity from each section.  
**Juniors and Cadettes:** Complete 2 activities from each section.  
**Seniors and Ambassadors:** Complete 3 activities from each section.

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## Discover

- Visit the Japanese Friendship Garden of Phoenix to learn more about Japanese culture through one of their workshops or events.
- Visit the Musical Instrument Museum to explore and learn about instruments from throughout Asia and Oceania.
- Visit the [City of Mesa: Asian District Mural Project](#) to find a map of community murals showcasing iconic Asian folklore, motifs, symbols, and traditions. Take a tour of these Mesa murals and learn more about the artists who developed them!
- Visit the [OCA Greater Phoenix Chapter's website](#) to review their Asian American Contribution to Build the Arizona Community curriculum to learn more about Asian American history and contributions in Arizona.

## Connect

- Learn more about AANHPI businesses in your area and choose one business to visit and learn more about. Resource: [Asian Business Directory](#)
- Learn about AANHPI cuisine. Find a traditional recipe to try and share with your friends and family. Visit an Asian market to find your ingredients. See options below:
  - [Lee Lee International Supermarkets](#)
  - [Mekong Supermarket](#)
  - [Lams Market](#)
  - [Fujiya Market](#)
  - Li's Asian Market (Flagstaff)
- Sign up to attend a [Monthly Cultural Meet](#) hosted by the Arizona Asian American Association to connect with members of the community and learn more about the diverse AANHPI cultures.

## Take Action

- Partner with one sister troop or another IGM to plan an AANHPI Month Celebration. Consider activities, decorations, foods, and music to help you celebrate and learn more about AANHPI cultures.
- Visit [ASU's Asia Center](#) to find upcoming events and learning opportunities. Invite one friend to join you in learning more about AANHPI cultures.
- Form a book club with your friends to read a book by an AANHPI author or AANHPI legends. Learn more about the author and/or the relevance of the tale in AANHPI cultures today and share with your friends, family, or troop.
- Research volunteer opportunities at local non-profits and social justice organizations with a trusted adult. Check out the resources below:
  - [Island Liaison](#)
  - [AZSamhita](#)
  - [Phoenix Chinese Week](#)
  - [Arizona Asian American Association](#)
  - [Students and Community | The Asia Center](#)

If you are in high school, research and apply for a youth leadership program. These are only some of the opportunities available:

- [OCA GPC: Internships](#)
- [AZ AANHPI For Equity: Youth Leaders Fellowship](#)

