



Cassandra Gookin

Stop The Silence: Support Resources For Everyone

After being diagnosed with Lyme Disease in middle school and witnessing her mom overcome invisible disabilities such as nerve damage from back surgery, Cassandra became aware of how others treated them. To challenge the notion that a disease's severity is dependent on its physical visibility, Cassandra began raising awareness about what invisible or silent disabilities are and how they can affect people. She created a website where she posted blogs to educate others on invisible disabilities, support resources, and created a free patch program for all Girl Scout Daisies-Ambassadors. Cassandra plans to attend Scottsdale Community College and continue her project by adding more blogs and interviews to her website.