



Adhelle Kellogg

Pride Affirmation Walk

To support her friends from the LGBTQIA+ community, Adhelle created a resourceful document to increase awareness on mental health issues that members of the LGBTQIA+ community face. Following the instructions provided in the document, people can scan different QR codes containing affirmations and resources that can be accessed simply by going on a walk. Her Pride Affirmation Walk project will be implemented in Arizona, Texas, Mildenhall, Suffolk, and Nottingham, England. Through this project, Adhelle felt more comfortable and confident to be her true self and advocate for her loved ones and their experiences. Adhelle is currently completing an associate degree in communication and will be transferring to Arizona State University to earn a bachelor's degree in environmental science.

